



Guam Memorial Hospital Authority
Education Department
Authorized American Heart Association Training Center
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2026 BLS Initial Precourse Letter

Welcome to the 2026 Basic Life Support (BLS) for Healthcare Provider Course!

When and Where the Class Will Be Given

DATE: January 24; February 28; March 28; April 25; May 23; June 27; July 25;
August 22; September 26; October 24; November 14; December 12

TIME: Saturday @ 9am-2:00pm

LOCATION: 4th floor Education Classroom, GMHA

Please wear loose, comfortable clothing. You will be practicing skills that require working on your hands and knees, bending, standing, and lifting. If you have any physical conditions that might prevent these activities, please tell one of the instructors when you arrive for the course. The instructor will work to accommodate your needs within the stated course completion requirements. **To attend this course you must also have a copy of the BLS PROVIDER MANUAL (2025 CPR & ECC Guidelines) to help you prepare for the program and the exam. PLEASE BRING YOUR BLS PROVIDER MANUAL TO CLASS; you will be able to refer to it during the exam. If you are using the eBook version, make sure your device is fully charged, and download the manual to your device's eReader app in case there is no internet connection.**

Preparation Notes:

The BLS for Healthcare Providers Course is designed to train you in the lifesaving skills of both CPR and relief of choking. Because the course covers a lot of material in a relatively short time, advanced preparation is required.

If you need to reschedule, this must be done 10 days prior to the course. Course fees will not be refunded for cancellations made less than 10 days prior to the course.

We look forward to welcoming you. If you have any questions about the course, please call our Education Office at 671.647.2350.

Sincerely,
Cassandra Castro
GMHA ITC Coordinator

Prepared: 10/2025