Welcome to the 2021 Pediatric Advanced Life Support (PALS) Heartcode!

When and Where the Class Will Be Given

Date: March 21; April 25; May 23; June 27; August 22; September 26; November 14; December 12

Time: Sunday @ 9am – 1:30pm

Location: GMHA Education Classroom 4th floor

Please plan to be on time because it will be difficult for late students to catch up once we start. Students are expected to attend and participate in the entire course.

How it works:
Students complete two parts: Part 1 and Part 2

Part 1
Register & Complete online portion at [https://elearning.heart.org](https://elearning.heart.org). This portion is paid online ($144.00) with a credit card. Please allow 6-10 hours to complete the HeartCode portion.

It includes:
- High-quality cardiopulmonary resuscitation (CPR)
- Differentiation between patients: those who require vs. those who not require immediate interventions
- Performance as a high-performance team member
- Differentiation between respiratory distress and respiratory failure
- Management of respiratory distress and respiratory failure
- Differentiation between compensated and hypotensive (decompensated) shock
- Differentiation between types of shock
- Early interventions for the treatment of shock
- Bradycardic and tachycardic rhythms
- Clinical characteristics of instability in patients with arrhythmias
- Cardiac arrest and post-cardiac arrest management

Compatible Devices/Operating System: Web Browsers: Latest versions of Chrome, Firefox, Edge, Safari
Part 2 (MUST BE COMPLETED WITHIN 60 DAYS OF COMPLETING PART 1)

Register at the GMHA Education Department for the PALS Hands-on Session, dates listed above and hands-on session is sold separately.

Hands-on Skills testing includes:

- child 1-rescuer CPR, child bag mask device;
- infant 1- and 2-rescuer CPR, and
- relief of choking (optional).

Students must successfully complete both the online portion and the hands-on session to receive a PALS Provider course completion ecard.

NOTE to first-time PALS students: You are encouraged to complete the online PALS Precourse Self-Assessment and Precourse Work (www.elearning.heart.org)

- Self-Assessment evaluates proficiency and determines the need for additional review and practice.
- Precourse Work involves reviewing course content through online videos before entering the classroom. The video lessons cover multiple medical subjects and each lesson includes questions to engage the student.

What to Bring and What to Wear:

You may refer to the Handbook of Emergency Cardiovascular Care for Healthcare Providers or the pocket algorithm during the stations.

Please wear loose, comfortable clothing to class. The classroom may be cold so please bring a sweater or jacket. If you have any physical condition that might prevent you from performing CPR, please tell an instructor.

If you need to reschedule, this must be done 10 days prior to the course. Course fees will not be refunded for no shows or cancellations made less than 10 days prior to the course.

We look forward to welcoming you. If you have any questions about the course, please call our Education Office at 647-2350.

Sincerely,

Cassandra Castro
GMHA ITC Coordinator

Prepared: 12/22/20