

# JAM Session 4 – High Touch Zones/Surfaces

High-Touch Zones are frequently touched surfaces that can spread germs between patients, staff, and visitors. Examples: Bed rails, over-bed tables, Call bells, IV pumps, Keyboards, phones, common used carts.

## Why They Matter:

- High-touch surfaces collect germs that can survive for hours or days, increasing infection risk.

## Best Practices:

- - Touch it? Clean it.
- - Share it? Disinfect it.
- - Use approved disinfectant with correct contact time.
- - Clean shared equipment before/after each use.

Scan for training video



[https://drive.google.com/file/d/1sQ4JVBIW3-N5os\\_CSP6yTBAqEQjCyQ1C/view?usp=sharing](https://drive.google.com/file/d/1sQ4JVBIW3-N5os_CSP6yTBAqEQjCyQ1C/view?usp=sharing)